

Ninjitsu and Home Cooking Skills Day

Aimed at Yr 9-11 students working to match Staffordshire term dates throughout the year.

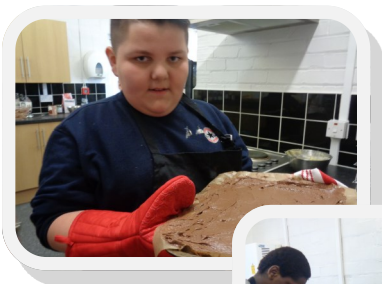
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What's involved?

After breakfast looking at the news of the day, students will take a 1 hour ninjitsu session with a fully qualified instructor, where both discipline and control accompany physical demands.

After a short break work moves to the kitchen where students will work through the Jamie Oliver Home Cooking Skills course, with the potential to gain a BTEC L1/2 Award if they attend for the full year. Whatever has been cooked will be eaten as a group for lunch. This is followed by completing paper work for the course and a final session building social skills through card/board games, with students receiving a 1:1 mentor session every other week either during the breakfast or end of day games session.

Students can attend for half a term or the whole year, though BTEC and ninjitsu progression are reliant upon students attending for a prolonged period of time. Places allocated on 1/2 termly basis. Max group size 3.



COST: £100 per pupil per day payable at the start of each 1/2 term.

